



# Hillcrest Elementary PAC Newsletter

October 2019

## Message from the Chair



Welcome Back Hillcrest Families!! Here we are back at it again and September came and went in the blink of an eye. PAC are excited to be back and planning all the awesome events we will be holding this year, along with fundraising to continue to support all of our children within their classrooms at Hillcrest in any way we can.

Our next PAC meeting will be our AGM held at 7:00 p.m. on October 15th in the Library. Here we will vote in our 2019/2020 executive board and we are very lucky to have lots of new parents wanting to get involved and be a part of helping make our Hillcrest community so great. Also, at our AGM PAC meeting we have the pleasure of a short presentation by Winona Waldron, the Greater Victoria Teachers' Association President. She will briefly go over the teachers contract negotiations and what is taking place so all parents are aware of the process and what is involved. So come along if you would like to find out about what is going on at PAC or if you are interested in taking a spot on our exec, shoot me an email at [hillcrestpac@gmail.com](mailto:hillcrestpac@gmail.com)!! It's going to be an awesome school year!!



Get ready to dust off your costumes and come on out for our HALLOWEEN HOWL, taking place on October 24th. Parents, we want to see you guys joining in and competing for best adult costume! A fun filled night with treats, music and prizes for best dressed, this evening was such a blast last year and is sure to be again! Ticket order forms and all information on the evening will be coming home the week of October 7th!



We Love our Hot Lunch Program! It is a great fundraising tool for our school PAC and the children love being treated to Pizza and Subway. **We are in need of a HOT LUNCH COORDINATOR ASAP!!** If we are unable to find someone to take over this role, our hot lunch program may have to end.

Thank you to everyone that orders Hot lunches for their children. **Just a reminder that the deadline for November is October 25th.** Pizza day is November 1st and Subway is November 13th. There is always a need for volunteers on Pizza Day, please meet in the Multipurpose room at 11:20. If you have any questions or concerns, please contact Nancy at [nancytrudeau@shaw.ca](mailto:nancytrudeau@shaw.ca).

## WE NEED YOU!!

### Hot Lunch Coordinator/Assistant Coordinator: The Foodies

Feeding our children: Probably the most important job there is while also fundraising for our awesome PAC! Computer literate so that you are able to update our hot lunch system and keep track of orders and any issues that may arise. You can handle pressure and if something ever goes array you won't be phased and will get it dealt with. You are able to commit to being in the school on hot lunch days to make sure everything arrives and runs smoothly and hey, if there's left over pizza, maybe a slice or two will go home with you too!



Assistant Coordinator: The Robin to our Hot Food Batman - you are available to help run the hot lunch program and support the Coordinator. You can be around on hot lunch days to make sure our Hot Lunch Coordinator is supported.

PAC is also looking for a VICE CHAIR nomination! If you are interested in jumping on board take a look at the role description below and let us know if this is the position for you!


### VICE CHAIR : Partner in Crime



So you'd like to get more involved in the school PAC, but you're not sure you're ready to take the lead role? Our Vice Chair position has your name written all over it! You'll learn behind-the-scenes intel and be part of decision making on important issues throughout the year. You'll help the Chair get things done - kind of like a superhero's sidekick, but without the silly costume!

As part of our Parent Education evenings this school year, we will be starting with a presentations by Julie-Anne Richards on Childhood Anxiety. **This is a free presentation but [registration is required](#).** Children are not able to attend the evening. Please look over the information below. This will be coming home in your planners. Make sure you sign up fast to avoid missing out.



<b>CHILDHOOD STRESS &amp; ANXIETY BUILDING RESILIENCE</b> <b>EMPOWERING STRATEGIES      EFFECTIVE SUPPORTS</b>	
	
Presentation and Discussion By: <b>Julie-Anne Richards, M.A., R.C.C., C.C.C.</b> Registered Clinical Counselor, Psycho-educational Consultant <a href="http://www.JulieAnneRichards.com">www.JulieAnneRichards.com</a>	
6:00-8:00 pm Thursday November 7, 2019  <b>HILLCREST ELEMENTARY SCHOOL</b>  4421 Greentree Terr, Victoria	Tailored for Parents, Caregivers and Educators supporting children ages 5 - 11 experiencing stress & anxiety <b>PRESENTATION INCLUDING Q &amp; A</b>
<b>Free Event!</b> <b>REGISTRATION REQUIRED</b> (Click to Register) <a href="https://www.eventbrite.com/e/parent-presentation-on-childhood-anxiety-tickets-74376274439">https://www.eventbrite.com/e/parent-presentation-on-childhood-anxiety-tickets-74376274439</a>	
Event Hosted by: Hillcrest Elementary PAC and inviting All Elementary Schools in the Area – <b>All Adults Welcome</b> Funded by the Eric Palmer Memorial Foundation <a href="http://www.ericfoundation.com">www.ericfoundation.com</a>	



October 15th: PAC Annual General Meeting (AGM) at 7:00 p.m. in the school library.

October 24th: **Save the Date!** Halloween Howl in the school gymnasium. **Ticket order forms home this week.**

October 25th: **Deadline for November hot lunch orders at 9:00 a.m.**

November 1st: PAC Pizza lunch day. There is always a need for volunteers on Pizza day, please meet in the Multipurpose room at 11:20 a.m.

November 7th: Parent Education presentation with Q&A by Julie-Anne Richards on Childhood Stress & Anxiety, Building Resilience. 6:00 - 8:00 p.m. at Hillcrest Elementary. **This is a free presentation but [registration is required](#).** Children are not able to attend the evening. (See info above).

November 13th: PAC Subway lunch day.



Our next PAC AGM meeting is on **Tuesday, October 15th** from **7 p.m. - 8 p.m.** in the school library. We look forward to seeing returning PAC parents and lots of new faces. **See you all then!!**

## Fundraising Programs



**Thrifty's Smile Cards** have arrived. If you would like a smile card, please email us at [hillcrestpac@gmail.com](mailto:hillcrestpac@gmail.com) so we can get one to you. Once a Smile Card is loaded, Hillcrest PAC will receive 5% of the balance.

### 5 LOCATIONS TO SERVE YOU!



**The Village, Torquay** : Treat yourself to a Hillcrest Benny at the Torquay location of The Village and \$2.00 from every order comes back to Hillcrest PAC!! With such a delicious menu, you have to check them out.

COOK STREET CHINATOWN ESTEVAN TORQUAY ROYAL OAK



**COBBS Bread Shelbourne** : Before you make your purchase, please let them know that you are from Hillcrest as we receive a % back from every order.



**MABELS LABELS:** Please purchase online under Hillcrest Elementary PAC.

**LiKE us on Facebook and JOIN our PAC page for Hillcrest Families :  
Hillcrest Elementary Parent Community**

