



Sept. 14, 2018

Dear Parents of Gr. 3-5 students,

Hillcrest will once again be participating in the SD #61 Fall Cross Country Meets. Mrs. Aune, Mr. Blackmore, and Mr. Lim will be coaching students in Gr. 3-5 that are interested in participating. Students will need runners and shorts for the practices, which will be held several days per week just prior to the lunch hour.

The District meets for the zone Hillcrest is assigned to will be held on the following days/locations/times:

Monday Sept.24	Lambrick Park	3:45 pm start
Monday Oct. 1	Clover Point	3:45 pm start
Tuesday Oct. 9	Gorge Kinsmen	3:45 pm start
Monday Oct. 15	Topaz Park	3:45 pm start
Monday Oct. 22	Beacon Hill Park (City Finals)	1:00 pm start

Parents will be responsible for bringing their own children and supervising them to and from races. Hillcrest staff will be present at all races.

The after school meet start time is always 3:45 pm for grade 3 girls. Each race starts when the course is clear enough for the next group to take off, in order of grade, then gender. Grade 3 boys are the second race, followed by grade 4 girls, grade 4 boys, grade 5 girls, and finally grade 5 boys. Races for the City Finals at Beacon Hill Park begin at 1:00pm.

Practice times will continue to take place daily at 11:25 am at school. All runners are asked to wear appropriate attire for practices and will be required to wear runners and a school shirt on race days. School shirts will be provided to students and are to be washed and returned after City Finals.

If you have any questions, please do not hesitate to contact the school office.

We are all looking forward to a wonderful cross-country season!

Yours truly,

Mrs. Aune, Mr. Blackmore, and Mr. Lim

Hillcrest Cross Country Running Team
Permission Form
Fall 2018

My child, _____, is in grade _____ and division ____ has permission to participate in cross-country meets listed below.

___ Monday Sept. 24	Lambrick Park	3:45 pm start
___ Monday Oct. 1	Clover Point	3:45 pm start
___ Tuesday Oct. 9	Gorge Kinsmen	3:45 pm start
___ Monday Oct. 15	Topaz Park	3:45 pm start
___ Monday Oct. 22	Beacon Hill Park (City Finals)	1:00 pm start

Parent Name: _____
(please print)

Phone #: _____

Parent Signature: _____

Parent Email: _____

Hillcrest Cross Country Running Team
Permission Form
Fall 2018

My child, _____, is in grade _____ and division ____ has permission to participate in cross-country meets listed below.

___ Monday Sept. 24	Lambrick Park	3:45 pm start
___ Monday Oct. 1	Clover Point	3:45 pm start
___ Tuesday Oct. 9	Gorge Kinsmen	3:45 pm start
___ Monday Oct. 15	Topaz Park	3:45 pm start
___ Monday Oct. 22	Beacon Hill Park (City Finals)	1:00 pm start

Parent Name: _____
(please print)

Phone #: _____

Parent Signature: _____

Parent Email: _____